



## Frequently Asked Questions

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### **General**

#### **What is our focus?**

In a fun, interactive way we educate and inspire girls to embrace their gifts and authenticity, along with teaching them our 12 leadership and empowerment skill sets that will dramatically further their dreams and bright futures. We believe that girls are the next generation of leaders and world changers and our camp is the best place to nurture those qualities in your girl. Camp is a ton of fun plus they learn life-long skills that will serve their schooling, their dreams and their bright future.

#### **What ages do you focus on?**

12 to 16

#### **4 Ways You can get involved or support Girls Rule Foundation:**

There are three ways:

1. **Help us grow our mission:** Girls Rule Foundation is a 501c3 and depends on donations, sponsors and grants. If you want to be a monthly donor or make a one time contribution we take all donations on our website at:

<http://girlsrulefoundation.org/donate-today/>. The cost of camp is \$1200 per girl, however we only charge \$499 per girl and the rest of the balance is raised through sponsors and donations.

2. **Become a volunteer** – there are opportunities with various time commitments and leadership responsibilities throughout the year. For example, our Mother Daughter Summit in October takes over 50 volunteers, and our camp takes over 20 volunteers. Fill out the volunteer form here <http://girlsrulefoundation.org/i-want-to-help/volunteer/> and we will be in touch with you.

3. **Sponsor** - All financial contributions count – We are a very small organization with two part time employees and over 80 volunteers, and for us to reach our goal of serving 12,000 girls this year we invite you to become a corporate sponsor. Learn more here: <http://girlsrulefoundation.org/i-want-to-help/>

4. **Attend** – Attend one of our five programs! We bring two of our workshops to AZ schools and groups, we produce a mother daughter conference each fall, and we have an after-school club any girl can start, and of course we have our summer camp. Read about the 5 programs here: <http://girlsrulefoundation.org/our-programs/>

#### **Is this religion or spiritually based?**

No

#### **What do the girls do during the day?**

We follow a daily schedule that provides routine and comfort. Each girls will be responsible for keeping her sleeping area tidy. They will have time each day for showers and personal hygiene. Our onsite cafeteria will prepare 3 healthy meals and 2 snacks. No junk food; all meals are healthy and nutritious. Along with our entrepreneurship, STEM and leadership lessons the daily activities include exercise – hiking, horseback riding, swimming, ropes course, fun and journaling.

#### **Will my child be swimming? What if my child doesn't know how to swim?**

Girls will have an afternoon of swimming in the pool. The Orme Camp has trained and certified lifeguards, and our coaches are with campers in the pool area at all times. Campers who do not know how to swim may sit on the stairs and hang out in the shallow end of the pool with parents approval. Please alert us if your child cannot swim.



### **What if my child gets homesick?**

We call this home missing, as the girl is not really sick. We provide structure and keep campers busy from the moment they arrive, which helps to shift their focus away from home to new friends and having fun. By the end of the second day, the routine is familiar and the home-missing has passed for most campers. In the rare instance that a child is truly struggling, we will contact you.

### **Financial**

#### **What does tuition cover?**

Tuition covers all activities, materials, lodging, all food and camp equipment usage (horses, pool, ropes course etc). Tuition does not include transportation from or to Orme Ranch.

#### **Refund policy**

Campers who cancel before April 30, 2018 will be refunded all payments except the non-refundable deposit of \$100. If this reservation is cancelled for any reason after May 1, 2018, all monies paid will be non-refundable. All cancellation requests must be submitted via e-mail to [info@girlsrulefoundation.org](mailto:info@girlsrulefoundation.org). All payments are non-transferrable and cannot be transferred to another camper. Deposits of \$100 that are not paid in full by April 30, 2018 may be subject to automatic cancellation.

### **Logistics**

#### **Where is camp held?**

Orme Ranch owned by The Orme School – a beautiful boarding high school and working ranch that sits on over 100 acres and has a working cattle range, horses, hiking trails, history, lake and more. During the school year they have about 100 students from all over the world that attends Orme.

#### **My daughter will be flying in from another state. How do we get her to camp?**

Please speak with the Camp Director for more information if you are not personally dropping your child off at camp. Call 480-282-4242. If she is flying in with her cell phone or other electronic devices; those must be turned over to the Camp Director for safe keeping until the end of camp.

### **Staff**

#### **What are the qualifications of camp instructors and staff?**

Camp coaches and staff vary in age (all are at least 21 years of age), and are fully qualified for their role in Wings to Fly Camp. All coaches compete a lengthy interview process and your lead coaches, camp director have been certified by Aspire; an internationally recognized leadership development, strategy and training organization. All coaches and staff must pass both a criminal background (CORI) and sex offender (SORI) check. The three lead facilitators are successful women leaders and bring their years of leadership and facilitation to camp to create an extraordinary experience for all the girls. All the coaches are passionate and committed to girls development and leadership, and they volunteer their time to serve your girls.



Reminder – Mark your calendars:

***IMPORTANT TIMING FOR DAY 1- CHECK IN AND ORIENTATION:***

- Arrival between 12-1230pm
- Check in stations 12-100pm
- Lunch 100-145pm
- Parent's orientation 2-330pm
- Goodbye's 330-345pm
- Camp starts 4pm

***IMPORTANT TIMING FOR LAST DAY- CHECK OUT AND ORIENTATION:***

- Parents Arrival between 10-1030am
- Brunch is served 10-1100am
- Parent's review 11-12pm
- Videos and pictures 12-1230pm
- Goodbye's 1230pm